

SINCE  1963

PONTI'S

ITALIAN KITCHEN

VEGAN MENU

STARTERS

Olive Mixed olives	3.5
Antipasto vegetariano Asparagus, cherry tomatoes, mixed olives, focaccia bread	7
Focaccia Homemade Focaccia bread	3
Bruschetta Pomodoro v. Focaccia, Cherry Tomato, Garlic, Olive Oil	4.5

SIDES

Patate Arrosto Roast Potato	4.80
Zucchine Fritte Deep fried courgettes	4.80
Insalata Mista Mixed salad	4.80
Patatine Fritte Chips	4.80
Fagiolini al Vapore Steamed Green Beans	4.80

DESSERTS

Lemon Sorbet	3
Blood Orange Sorbet	3
Coconut Sorbet	3

MAINS

Risotto Asparagi e Piselli Fresh Asparagus, peas, broccoli	14
Penne all'Arrabbiata Tomato sauce, fresh chilli	13
Spaghetti Verdure Courgettes, aubergines, yellow and red peppers, onions	13
Pizza Vegetariana Grilled vegetables, black olives, caramelised onions	13
Pizza Marinara Tomato sauce, garlic, oregano	10

SALADS

Beetroot and Walnut Mixed leaves, beetroot, walnuts, croutons, Cherry tomato, lemon & olive oil dressing	10
Insalata Mediterranea Mixed leaves, Tomato, Avocado, Cucumber, Black Olives	9

IF YOU SUFFER FROM AN ALLERGEN OR INTOLERANCE PLEASE SPEAK TO A MEMBER OF OUR TEAM WHO WILL BE ABLE TO ASSIST YOU. PLEASE BE AWARE THAT WE HANDLE ALL ALLERGENS WITHIN OUR FOOD ENVIRONMENT; AND WHILST WE TAKE DUE CARE AND ATTENTION WHEN PREPARING A MEAL FOR AN ALLERGEN SUFFERER, WE CANNOT GUARANTEE THAT THERE WILL NOT BE ANY TRACES OF THESE ALLERGENS IN YOUR MEAL

AN OPTIONAL 12.5% SERVICE CHARGE WILL BE AUTOMATICALLY ADDED TO YOUR BILL,
100% OF THIS IS PAID DIRECTLY TO OUR WONDERFUL STAFF

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PONTI'S

ITALIAN KITCHEN

GLUTEN FREE MENU

STARTERS

Antipasto Misto	8
Parma Ham DOP, Mortadella, Salame, mixed olives	
Olive	3.5
Mixed olives	
Antipasto vegetariano	7
Italian cheeses, cherry tomatoes, mixed olives	

MAINS

Bistecca di Manzo alla Griglia	25
10 oz Sirloin Steak, Roast Potato, Mushroom, Peppercorn sauce	
Pollo al Rosmarino	16
Chicken Breast, Roast Peppers, Thyme Jus	
Spigola al Forno	19
Oven Roasted Fillet of Seabass, Green Beans, Salmoriglio Dressing	
Orata al Forno	18
Oven-baked Fillet of Seabream, Grilled Vegetables, Balsamic Vinegar	
Capesante Arrosto	18
Roast Scallops, Pea Puree, Samphire Salad	
Salsicce e Friarielli	14
Italian Pork Sausage, Bitter Turnip Tops	

SALADS

Insalata Cesare	10
Pancetta, lettuce, parmesan, anchovy dressing	
Add grilled chicken breast for £4	
Beetroot Salad	10
Beetroot, Gorgonzola, Walnuts, mixed leaves	
Insalata Mediterranea	9
Buffalo Mozzarella, Tomato, Avocado, Cucumber, Black Olives	

SIDES

Insalata Mista	4.8
Mixed salad	
Patatine Fritte	4.8
Chips	
Rucola e Parmigiano	4.8
Rocket and Parmigiano Reggiano DOP	
Patate Arrosto v.	4.8
Roast Potato	
Fagiolini al Vapore v.	4.8
Steamed Green Beans	

DESSERTS

Tenerina al cioccolato	7
Warm chocolate brownie, salted caramel ice-cream, caramel sauce	
Panna Cotta alle Fragole	7
Vanilla Panna cotta, strawberry coulis, redcurrants, mint	
Ponti's Gelato	3
100% organic milk ice-cream scoop with only natural ingredients.	
Coppa Italia	9
Pistacchio, Vanilla, Strawberry Gelato, Whipped Cream, Mixed Fruit	
Formaggi	7
3 Italian cheeses, grapes gluten-free crackers	

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