

SINCE 1963

PONTI'S

ITALIAN KITCHEN

VEGAN MENU

STARTERS

- Antipasto Vegetariano v.** 12.50
Grilled vegetables, cherry tomatoes, green olives, beetroot, broccolini, mushrooms, artisan bread
- Sapori di Puglia v.** 4.75
Nocellara olives with flatbread
- Garlic Bread** 5
Garlic bread with Extra virgin olive oil
- Pane Marinara** 5
Tomato and oregano flatbread
- Chef'soup of the day** 6.5
Please ask your server about today's soup
- Bruschetta** 6.5
Roasted cherry tomatoes and basil leaves on sourdough bread
- Cestino di Pane** 4.5
Selection of homemade artisan Italian breads

SALADS

- Winter Salad** 10.5
Mixed leaves, beetroot, walnuts, pomegranate seeds, croutons, lemon & olive oil dressing
- Quinoa Salad** 10.5
Avocado, radish, almonds, parsley, carrots, spring onion, black olives, cherry tomatoes, lemon & basil dressing

MAIN

Choose your pasta, Linguine,
Spaghetti or Penne,
Sauces as below

- Arrabbiata** 11
Tomato sauce, fresh chilli
- Broccolini** 11
Tenderstem broccoli with garlic and roasted cherry tomatoes
- Mushrooms** 13.5
Sauteed Porcini mushrooms, flat leaf, parsley
- Grilled vegetables** 11
Courgettes, aubergines, yellow and red peppers, onions
- Pizza Vegetariana** 12
Grilled vegetables, black olives, spicy caramelised onions

SIDES

- Broccolini** 4.25
Long stem broccoli with chilli
- Verdure ai Ferri** 4.25
Grilled vegetables
- Insalata Mista** 4
Mixed salad
- Patatine Fritte** 4
Fries

DESSERTS

- Fruits salad** 5.5
Selection of mixed fruits
- Fruits of the forest sorbet** 2
£2 per scoop