

SINCE  1963

# PONTI'S

ITALIAN KITCHEN

## VEGAN MENU

### STARTERS

|   |     |
|---|-----|
| <b>Antipasto Vegetariano</b><br>Grilled vegetables, cherry tomatoes,<br>green olives, beetroot, broccolini,<br>mushrooms, artisan bread | 8.5 |
| <b>Sapori di Puglia</b><br>Nocellara olives with flatbread  | 5   |
| <b>Pane all'Aglio</b><br>Garlic bread with Extra virgin olive oil   | 5   |
| <b>Zuppa del Giorno</b><br>Chef's homemade soup of the day  | 6.5 |
| <b>Bruschetta</b><br>Roasted cherry tomatoes and basil leaves<br>on sourdough bread   | 6.5 |
| <b>Focaccia</b><br>Homemade focaccia  | 2.5 |
| <b>Pane Marinara</b><br>Tomato and oregano flatbread  | 5   |

### MAIN

Choose your pasta, Linguine,  
Spaghetti or Penne.  
Sauces as below

|  |    |
|--|----|
| <b>Arrabiata</b><br>Tomato sauce, fresh chilli   | 11 |
| <b>Risotto alla Zucca</b><br>Creamy risotto with pumpkin,<br>peas, grated parmesan,<br>chilli flakes | 13 |
| <b>Grilled vegetables</b><br>Courgettes, aubergines,<br>yellow and red peppers, onions               | 11 |
| <b>Pizza Vegetariana</b><br>Grilled vegetables, black olives,<br>spicy caramelised onions            | 12 |

### SIDES

|   |      |
|---|------|
| <b>Verdure ai Ferri</b><br>Grilled vegetables | 4.25 |
| <b>Insalata Mista</b><br>Mixed salad          | 4.25 |

### SALADS

|   |      |
|---|------|
| <b>Winter salad</b><br>Mixed leaves, beetroot, walnuts,<br>pomegranate seeds, croutons,<br>lemon & olive oil dressing | 10.5 |
|---|------|

|                                 |      |
|---------------------------------|------|
| <b>Patatine Fritte</b><br>Fries | 4.25 |
|---------------------------------|------|

### DESSERTS

|  |     |
|--|-----|
| <b>Fruit salad</b><br>Selection of mixed fruits    | 5.5 |
| <b>Fruits of the forest sorbet</b><br>£2 per scoop | 2   |