

SINCE 1963

PONTI'S

ITALIAN KITCHEN

VEGAN MENU

STARTERS

Antipasto Vegetariano 7.5
Italian cheeses, Giardiniera
vegetables, cherry tomatoes,
green olives

Zuppa del Giorno 4.4
Chef's homemade soup of the day

Polenta chips 5.3
Polenta chips, rosemary, salt

MAIN

Arrabbiata 9.7
Tomato sauce, fresh chilli

Asparagus and Mint Risotto 11.4
Risotto with asparagus, peas
and mint

Linguini with Vegetables 9.7
Courgettes, aubergines,
yellow and red peppers, onions

Pizza Vegetariana 10.5
Grilled vegetables, black olives,
caramelised onions

SIDES

Verdure ai Ferri 3.8
Grilled vegetables

Insalata Mista 3.8
Mixed salad

Patatine Fritte 3.8
Fries

Broccoli 3.8
Sauteed Broccoli

SALADS

Walnut and pomegranate 9.2
Mixed leaves, beetroot, walnuts,
pomegranate seeds, croutons,
lemon & olive oil dressing

DESSERTS

Fruit salad 4.9
Selection of mixed fruits

IF YOU SUFFER FROM AN ALLERGEN OR INTOLERANCE PLEASE SPEAK TO A MEMBER OF OUR TEAM WHO WILL BE ABLE TO ASSIST YOU. PLEASE BE AWARE THAT WE HANDLE ALL ALLERGENS WITHIN OUR FOOD ENVIRONMENT; AND WHILST WE TAKE DUE CARE AND ATTENTION WHEN PREPARING A MEAL FOR AN ALLERGEN SUFFERER, WE CANNOT GUARANTEE THAT THERE WILL NOT BE ANY TRACES OF THESE ALLERGENS IN YOUR MEAL

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PONTI'S

ITALIAN KITCHEN

GLUTEN FREE MENU

STARTERS

Affettati Misti 7.5
Mortadella, prosciutto crudo, salame, coppa

Antipasto Vegetariano v. 7.5
Italian cheeses, Giardiniera vegetables, cherry tomatoes, green olives

Olive v. 4.2
Olives with tapenade

SALADS

Insalata Pecorino 10.1
Aged pecorino cheese, mixed leaves, beetroot, walnuts, pomegranate seeds, lemon, olive oil dressing

Insalata Cesare 8.8
Pancetta, lettuce, parmesan, anchovy dressing
Add grilled chicken breast for £4.50

Insalata Tricolore v. 11
Mozzarella, tomatoes, avocado, basil, rocket

SIDES

Insalata Mista 3.8
Mixed salad

Patatine Fritte 3.8
Fries

Broccoli 3.8
Sautéed broccoli

MAIN

Bistecca di Manzo alla Griglia 19.7
Chargrilled 21 day aged 8oz rib-eye steak, rocket, fries, Balsamic

Salmon al Forno 16.2
Oven-baked salmon fillet, broccoli mashed potatoes, lemon butter and herbs sauce, crispy parsnip

Pollo al Rosmarino 13.2
Grilled provencal vegetables, grilled chicken pesto, parsley oil, balsamic, carrot crisps

Ponti's Naked Burger 12.3
8oz Scottish beef burger, tomato relish, rocket, beef tomato, mayonnaise, fries

Lombo di Maiale 14
Oven-roasted Pork loin steak, chesnut mushroom & shallot cream sauce, oven roasted potatoes

DESSERTS

Cappuccino Panna Cotta 6.2
Coffee Panna Cotta, mixed winter berries, honeycomb crisps

Italian cheeseboard 6.2
Gorgonzola, taleggio, parmesan, gluten free crackers